

Medicus Therapeutics is a new clinic in Surrey, BC (across from Surrey Memorial Hospital), that provides ultrasound guided interventional injections to treat common musculoskeletal conditions.

The specialized use of ultrasound guidance enables enhanced accuracy and increased efficacy of the interventional injections, while also reducing the risk of adverse events.

As we are a specialty service provider, this is a referral-based service. Primary care for referred patients remains with their Primary Care Provider.

Ultrasound guided interventional injections offer another treatment option for people struggling with pain from such conditions as: arthritis, tendinitis, bursitis, frozen shoulder, and carpal tunnel syndrome, etc.

A variety of injectates (saline, dextrose, cortisone, and hyaluronic acid) can be used for the interventional procedures.

In situations of diagnostic uncertainty, we provide a detailed and thorough assessment followed by appropriate interventions and / or guidance.

MEDICUS THERAPEUTICS



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Dr. Dharm Hayre
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Dr. Dharm Hayre started his training at The University of British Columbia's Faculty of Pharmaceutical Sciences. He later obtained his Master of Science in Occupational & Environmental Hygiene from the University of British Columbia.

Dr. Hayre obtained his medical degree from The University of Calgary and has been practicing in the Lower Mainland for over 10 years. Dr. Hayre is an American Board of Addiction Medicine Certified Physician.

Dr. Hayre's work with addiction medicine led him to focus on pain management and intervention techniques which resulted in extensive additional training for ultrasound guided procedures.

Dr. Hayre has been successfully offering these procedures for over 4 years, as a treatment option for patients prior to surgery.



MEDICAL INTERVENTIONS WE OFFER

HEAD / NECK

- GON injections for occipital headaches
- Neck trigger points



UPPER BACK / CHEST

- Trapezius, rhomboid, levator scapulae strain/trigger points
- Costochondritis
- Sternoclavicular arthropathy
- Costotransverse joint arthropathy

SHOULDER

- Frozen shoulder: glenohumeral joint AND coracohumeral ligament
- Calcific tendinopathy: barbotage
- Subacromial bursitis
- AC joint arthritis
- GH joint arthritis
- Deltoid enthesitis
- Bicep tendinopathy



ELBOW

- Lateral & Medial epicondylitis
- Olecranon bursitis
- Ulnar neuropathy (cubital tunnel)

WRIST

- Tendinopathy/tendinitis
- Carpal Tunnel syndrome – hydrodissection
- Ulnar neuropathy (Guyon's)
- TFCC inflammation / pain
- Wrist joint arthritis
- CMC joint arthritis
- De Quervain's tenosynovitis
- Proximal intersection syndrome



HAND

- Distal intersection syndrome
- Trigger finger
- MCP/PIP/DIP Osteoarthritis

HIP / PELVIS

- Meralgia paresthetica (LCFN)
- SI (Sacro-iliac) joint inflammation
- Trochanteric bursitis/gluteal tendinopathy
- Piriformis syndrome

KNEE

- Knee osteoarthritis
- Pes anserine bursitis
- Quadriceps/patellar tendinopathy
- Pre-patellar bursitis
- Infra-patellar bursitis
- Peroneal nerve inflammation/impingement



ANKLE / FEET

- 1st MTP joint OA/gout
- Tarsal tunnel syndrome
- Ankle (Talo-tibial) joint arthritis
- Sinus tarsi syndrome
- Morton's neuroma
- Plantar fasciitis



OTHER

- Keloid/Hypertrophic scar management/minimization
- Alopecia areata injections
- Superficial foreign body identification and removal